

# Return to the Rink!

These are a few guidelines that are specific to the skating program. There are a lot of new procedures and precautions to cover, so please take the time to read through it thoroughly before your first class next week. Please reference the diagram included in the body of the email when reading through these notes.

## General Notes

- **\*New for Fall Session and beyond\*:** Masks will be required during all times, for anyone over the age of 2. This includes DURING ON-ICE CLASS TIME, for Snowplow and Basic levels.
- New class maximums:
  - o Snowplow Sam 1 and Basic 1 classes have been maxed out at 5 participants to ensure a safe and helpful environment for these beginner skaters.
  - o Snowplow 2 is maxed at 8 skaters
  - o All other classes are maxed at 10
- Only 4 classes are allowed on the ice at one time.
- Please arrive dressed for your skating activity, the bathrooms will not be available for changing, nor will you be able to dress in the lobby.
- No bags are allowed in the facility: So please carry any skates, gloves, helmets, etc in your hands.
- If you own your own skates, please purchase a pair of hard plastic guards and tie your skates at home, or in the car, and walk in directly before your class starts, to limit your time in the building. (After purchase guards will need to be cut down to fit your skater's blade.)
- Helmets will no longer be available to be borrowed from the Skate Rental window. We strongly recommend helmets for all beginner skaters, and any skater under the age of 6. Any helmet can be used during skating class, it doesn't have to be skating specific! For any questions about the safety regulations or which helmet is best, please see the attached document.
- If you need to rent skates, advanced purchase Punch Cards are available at the front desk. You can purchase between 1 - 10 Skate Rentals in advance, at \$3.00 each.

## **\*NEW!\* Pre Class Procedure**

- Socially Distanced Skate-Tying stations are set up in **4 ZONES**, in the 4 corners of the arena. (Please reference Flow Chart below)
- Each class has their own zone / door to enter and exit from.
- Enter the arena, and go straight to your **CLASS ZONE**. Your **CLASS ZONE** will remain the same for the entire session.
- Each skater has their own chair for before and after class. (Must return to same chair after class)
- Once you are done tying your child skates:
  - o Child should remain seated in their area, until the coach opens the door and welcomes them on the ice.
  - o Skater may leave their shoes, by their chairs.
  - o Parents, please find a spot in the stands or rink deck, on a Yellow X to watch! (Parents will be allowed to remain with beginner classes: Snowplow 1 and Basic 1.)
- NO CONGREGATING will be allowed along the rink glass, or lobby. If you cannot find a yellow X to watch, you are asked to please wait outside, or in the car for your child.

## Class Notes

- **\*New for Fall Session and beyond\*:** Masks will be required during all times, for anyone over the age of 2. This includes DURING ON-ICE CLASS TIME, for Snowplow, Basic, and Teen/Adult levels.
- For their and your child's health, our **staff will be limiting physical contact with skaters**. You may see your skater struggling with a skill (for example: to stand up) more than usual, but our staff will be there to help and encourage your skater as much as needed!

- All beginner classes (Baby Blades, Snowplow 1 and Basic 1) will be held primarily off-ice, until skaters feel more confident on the ice. This will allow parents to help their kids learn how to stand up, march in place, and march moving, while being able to hold their hands as assistance!
- Staff will be utilizing our Skate Aid “walkers” more than usual, to avoid physical contact with skaters.
- There will be no plush toys used as teaching aids. All teaching aids will be hard plastic, and sanitized between each class session.

**\*NEW!!\* Post Class Procedure**

- Skaters will exit their same door, into their **CLASS ZONE**.
- Skater must untie their skates in the same chair they sat in before class.

**MPSC Ice Skating - Social Distancing Diagram: Fall Session**

